# **Parent to Parent**

# March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5				<b>M</b>	4:30-5:30 pm *One2One Kids Yoga	2
3	4	5	6	7	8 10:00-11:30 am OPEN GROUP Presentation on Guardianshi Power of Attorney/Supportiv Decision Making at Children's Village  4:30-5:30 pm *One2One Kids Yoga	
10	11	12	13	5:30-7:30 pm *Sibshops	15 10:00-12:00 pm Craft & Chat at Children's Village 4:30-5:30 pm *One2One Kids Yoga	5:00-7:00 pm *Teen Club
1700 St. Patrick's Day	18	19	4:30-5:30pm *One2One Pokémon Club	6:00-7:30 pm Down syndrome group Silly Sock Pizza Westside Pizza 140 S. 72nd Ave Suite 130, Yakima	4:30-5:30 pm *One2One Kids Yoga	23
rappy < > Easter 31	25	6:00-7:30 ASD Support Group At Children's Village	27	28 6:00 - 7:30 pm Valley Parents Family Night Westside Pizza 140 S. 72nd Ave Suite 130, Yakima	4:30-5:30 pm *One2One Kids Yoga	30

Please register your kids for the Play Room 24 hours in advance. Call (509) 746-3303 to reserve a space for your child(ren)

## **Upcoming Events!**

\* Parent Retreat Saturday, April 20th Time TBD
We will have excellent information and presentations on many topics,
including communication in relationships, caring for the caregiver,
managing meltdowns, and family finances and budgeting!
Meet other families! Lunch provided! Free!
More information to come-registration is open.

Stay tuned for next month's Calendar!

### One 2 One Program

\*One 2 One is a recreational group for kids (ages 6-21) with special needs. The child must be registered in the program to attend One 2 One activities. Please call Parent to Parent for information.

\*Teen Club: Social group for teens (ages 13-21) with special needs. Must be registered in the One 2 One program. Please call for information. (Group meet from September to May).

#### WARNING

Parent to Parent emails may go to JUNK MAIL, please check your junk mail and move the email to Inbox.

Call us if you have any questions.

\*Sibshops: A support workshop for siblings (ages 6-17) of children with special needs. Must be registered in Sibshops. Please call for information. (Program runs from September to May).

**Holland Reunion:** A sharing group for parents who have graduated from our 8-week Holland Classes.

**Craft & Chat:** Crafting group for Parents. We will provide supplies to make a fun craft! Sometimes there is a small fee to help purchase supplies.

**NICU Grads Group:** For parents of babies up to 9 months (adjusted age) old who have graduated from the NICU. (Group meet from April to September).

**Down syndrome Group:** Sharing and social group for parents raising (or expecting) children with Down syndrome.

**Autism support group (ASD):** For parents/caregivers raising children with Autism; or children who experience social, emotional, communication, and/or behavioral concerns. (Diagnosis not required to attend).

Valley Parents: Community socials for parents/caregivers raising children with special needs. (We alternate each month having family vs. adult socials.)



#### **Contact Parent to Parent!**

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